ADULT-TOT SPORTS

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand-eye and hand-foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. No class 2/13 & 2/14.

<table>
<thead>
<tr>
<th>Ages</th>
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</tr>
</thead>
<tbody>
<tr>
<td>2-4</td>
<td>Weber Leisure Center</td>
<td>Doubles Play: In this program, kids will alternate each week between two sports. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting. No Class 1/18 &amp; 2/15.</td>
</tr>
</tbody>
</table>

SPORTS ENRICHMENT CLUB

Join our sports enrichment club before or after school for fun-iled activities and recreational sports, such as basketball, soccer, floor hockey, t-ball, kickball and more. Group games include Sharks and Minnows, Mr. Fox, Poison Ivy, Ball Tag, Octopus, musical cones and much more. Bring a snack and get ready to learn new skills and activities as well as have a great time!

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<tr>
<td>3-5</td>
<td>Weber Leisure Center</td>
<td>Soccer &amp; T-Ball: Join our sports enrichment club before or after school for fun-iled activities and recreational sports, such as basketball, soccer, floor hockey, t-ball, kickball and more. Group games include Sharks and Minnows, Mr. Fox, Poison Ivy, Ball Tag, Octopus, musical cones and much more. Bring a snack and get ready to learn new skills and activities as well as have a great time!</td>
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SPORTS AND MORE

Children are introduced to the fundamentals of such sports as soccer, t-ball, basketball, oar hockey, and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his or her social and emotional growth through teamwork, and good sportsmanship. No Class 1/18 & 2/15.

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<td>3-5</td>
<td>Weber Leisure Center</td>
<td>Basketball &amp; Soccer: Join our sports enrichment club before or after school for fun-iled activities and recreational sports, such as basketball, soccer, floor hockey, t-ball, kickball and more. Group games include Sharks and Minnows, Mr. Fox, Poison Ivy, Ball Tag, Octopus, musical cones and much more. Bring a snack and get ready to learn new skills and activities as well as have a great time!</td>
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TOTAL SPORTS

Total Sports not only teaches children the basic skills of playing a particular sport, it also teaches them skills needed to work with one another as teammates, and to accept each individual as a valuable player. Sports taught and played include soccer, kickball, t-ball, oar hockey, basketball and more.

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<td>5-8</td>
<td>Weber Leisure Center</td>
<td>Pee WEE Volleyball: This introductory volleyball program is designed to introduce your child to the sport of volleyball. Players develop motor skills, hand eye coordination and improve listening skills and teamwork in a fun environment.</td>
</tr>
</tbody>
</table>

Volleyball Skills Clinic

Participants receive instruction on all major volleyball skills: serving, passing, setting and attacking. Players receive solid foundation on these skills through fun and active drills, building up to team play. This class is for the beginning volleyball player looking to understand the game and learn new skills. Kneepads recommended.

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<tr>
<td>7-10</td>
<td>Weber Leisure Center</td>
<td>Volleyball Skills Clinic: Participants receive instruction on all major volleyball skills: serving, passing, setting and attacking. Players receive solid foundation on these skills through fun and active drills, building up to team play. This class is for the beginning volleyball player looking to understand the game and learn new skills. Kneepads recommended.</td>
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Arena Kickball

Everyone is welcomed in the friendly game of kickball. Each week, the class will be divided into teams and competition will begin. Not only will they have fun playing, but will learn how to play the game with a team.

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<td>7-10</td>
<td>Middleton School</td>
<td>Arena Kickball: Everyone is welcomed in the friendly game of kickball. Each week, the class will be divided into teams and competition will begin. Not only will they have fun playing, but will learn how to play the game with a team.</td>
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YOUTH SPORTS PROGRAMS

WINTER 2016 ■ JANUARY 4 - MARCH 20

BASKETBALL SKILLS CLINIC 1
Get a head start on developing essential basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. Each class includes Hot Shots Sports instruction as well as structured games. This class is for the basketball beginner looking to understand the game, learn new skills, and have a ball!

Ages: 6-8
Location: Middleton School
450822-01 Tu 1/5-3/15 5:30-6:30P R $121 NR $151
Location: Weber Leisure Center
450822-02 W 1/6-3/16 4:00-5:00P R $121 NR $151

BASKETBALL SKILLS CLINIC 2
In Basketball Clinic Level II, basketball players start applying their individual skills to the team game. Fundamentals will continue to be developed, with a focus on proper shooting mechanics. Participants are also introduced to offensive concepts, such as screens and moving without the ball, and defensive skills, such as proper defensive stance and man-to-man defense. No Class 1/18 & 2/15.

Ages: 8-12
Location: Fairview School
450823-01 M 1/4-3/14 5:00-6:00R R $99 NR $124
Location: Middleton School
450823-02 Tu 1/5-3/15 6:30-7:30P R $121 NR $151
Location: Weber Leisure Center
450823-03 W 1/6-3/16 5:00-6:00P R $121 NR $151

MID-SEASON BASKETBALL SKILL WORKOUTS
Each session will provide an in depth focus and development of each skill through instruction, drill stations and repetitions. Participants will be divided by age and skill level, and instruction will be tailored to each player’s ability and goals. No Class 1/16.

Ages: 9-14
Location: Weber Leisure Center
Shooting
450826-01 M 1/11-1/25 4-5P R $30 NR $38
Point Guard
450826-02 M 2/1-2/8 4-5P R $30 NR $38
Post Play
450826-03 M 2/22-2/29 4-5P R $30 NR $38
Defense/Rebounding
450826-04 M 3/7-3/14 4-5P R $30 NR $38
Shooting
450826-05 M 3/21 4-5P R $15 NR $19

GAME TIME BASKETBALL
One of the best ways to improve your basketball skills is through game play. Each week, basketball players will be challenged through 1-on-1, 3-on-3, 5-on-5, or other variants to playing ball. Hot Shots Sports coaches will ref and guide the class to enhance player understanding of the game.

Ages: 9-12
Location: Weber Leisure Center
453817-01 Th 1/7-3/17 6:30-7:30P R $121 NR $151

LIL’ DRIBBLERS
Children are introduced to the game of basketball in a safe, fun and exciting environment. Curriculum includes age-appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand-eye coordination. As children progress through the program, they acquire listening skills and have a fun introduction to following directions. These skills will benefit your child on the court, in the classroom, but most importantly throughout their life!
Instructor: Dan Stariak No Class 1/18 & 2/13 - 2/15.

Pros Ages: 3-5
Location: Weber Leisure Center
450821-01 M 1/4-3/14 9:15-10:00A R $99 NR $124
All Stars Ages: 4-6
450821-03 Su 1/10-3/20 11:15A-12:00P R $99 NR $124
450821-04 W 1/6-3/16 3:00-3:45P R $121 NR $151
450821-06 Sa 1/9-3/19 9:00-9:45A R $99 NR $124

FULL COURT BASKETBALL
The staff of Hot Shots Sports will facilitate and referee nothing but full-court basketball games. Participants will be divided into new teams each week and have an opportunity to work with coaches on specific skills and then apply these acquired skills to actual games. No Class 2/13.

Ages: 10-14
Location: Weber Leisure Center
450831-01 Sa 1/9-3/19 12:00-1:00P R $99 NR $124

PARENT TOT_soccer
Young children develop motor skills, while having fun running and kicking the ball, just like the big kids! Parents and tots work together in this class, learning the basics of soccer. Dribbling, passing, shooting and kicking will all be emphasized. A variety of activities designed around the game of soccer will be played each week. No Class 2/14.

Ages: 2-4
Location: Weber Leisure Center
453821-01 W 1/6-3/16 9:30-10:15A R $121 NR $151
453821-02 Su 1/10-3/20 9:00-9:45A R $99 NR $124

PEE WEE SOCCER
Let your child’s early soccer experience be a great one. In addition to learning and developing soccer skills, participants also gain confidence, coordination, motor skills and communication. The program uses age-appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork. No Class 1/18, 2/13, 2/14 & 2/15.

Ages: 3-5
Location: Weber Leisure Center
453822-01 F 1/8-3/18 2:00-2:45P R $121 NR $151

Soccer skills clinic 101
Children are introduced to the fundamentals of soccer tactics such as passing the ball, attack and defense moves, keeping the ball away from and taking the ball from the opposing team. Physical endurance and fitness is emphasized while touching the ball. At this age the focus starts to change from simple games to organized, tactical, competitive games. No Class 1/18 & 2/15.

Ages: 6-9
Location: Weber Leisure Center
453823-01 M 1/4-3/14 5:00-6:00P R $99 NR $124
453823-02 Tu 1/5-3/15 4:00-5:00P R $121 NR $151
453823-03 F 1/8-3/18 5:00-6:00P R $121 NR $151

Soccer SkillS clinic 202
In the next stage of their soccer progression, players increase their play- ing stamina and speed on and off the ball. The clinic’s specific technique training involves strength and placement shooting, landing on shooting foot, precision passing, settling the ball with various body parts, properly heading the ball, and other offensive and defensive skills. Most importantly, players are taught game concepts that will improve their decision-making.

Ages: 9-14
Location: Weber Leisure Center
450541-01 Tu 1/5-3/15 5:00-6:00P R $121 NR $151

Pee wee Rugby NEW!
Your tot will experience America’s fastest growing sport in this fun and safe non-contact program. The rules are simple and easy to learn. Drills and games are designed specifically for tots, to introduce them to the sport, and develop social skills, teamwork, and sportsmanship.

Ages: 4-6
Location: Weber Leisure Center
450540-01 Th 1/7-3/17 11:00-11:45A R $121 NR $151
450542-02 Th 1/7-3/17 3:00-3:45P R $121 NR $151

Rugby clinic NEW!
In this program, children are introduced to a variety of fun and safe, non-contact, rugby games. The rules are simple and easy to learn. Participants practice ball and running skills, while making friends and playing an internationally popular sport. Equipment requirements are minimal, dress for the weather and be ready to run, pass and score!

Ages: 7-10
Location: Middleton School
450543-01 Th 1/6-3/16 4:30-5:30P R $121 NR $151
450543-02 Th 1/10-3/20 5:30-6:30P R $121 NR $151

For more info, check out our website: Chicago.HotShots4Kids.com
Register with your smartphone @ skokieparks.org.